



CHECK LIST: WHITER WATER RAFTING EXPEDITION

1. Quantitative Requirement

- (a) Duration/ Distance Maximum 04 days & distance not more than 150 Kms.
- (b) Strength of Expedition Team Min 08 members for 01 rafting boat excluding reserve participants.
- (c) All members must be qualified in Basic White Water Rafting (WWR) Courses from any recognized institutes. Copy of qualification certificate to be enclosed alongwith application form.
- (d) Expertise of the group in WWR (Any past experience certificate from recognized agency).
- (e) Insurance of each individual.
- (f) Permission by respective state administration for conduct of WWR (To be obtained through tour respective operator).
- (g) Nominal Roll of safety/ rescue team being provide by tour operator/ state administrative with qualification/experience certificate.
- (h) Atleast one person qualified in med treatment/ administering first aid to be part of team. Qualification certificate to be enclosed with application form.

2. Medical Fitness

- (a) Medical Fitness cert by a government registered hospital.
- (b) Should be a good swimmer for a distance of 200 Mtr. Self-declaration form to be enclosed with the application form.
- (c) The expedition team members should not have undergone any major surgery or suffering from seizures, high blood pressure, heart related diseases, fracture or ligaments tear or knee, ankle & shoulder. To be endorsed by medical authority in medical certificate.
- (d) Age Max 40 years. Age of above 40 years may be permitted subject to signing of special over age certificate duly certified by a reputed doctor.
- (e) COVID-19 Should be COVID-19 vaccinated (Minimum two doses).

3. Documents Required

- (a) Copy of Aadhar Card (Mandatory).
- (b) Present address proof.
- (c) Latest certificate from school/ college/ private company / Govt organization stating that individual is studying / working / employed with them.

- (d) Latest physical fitness Certificate from med authority including details as mentioned above (not more than two months old).
- (e) Five copies of passport size photographs.
- (f) Latest Medical Insurance Certificate.
- (g) Indemnity Bond as per format.

4. **Equipment and Administrative Support**

- (a) Rafts & Requisite rafting equipment.
- (b) Helmet for each member.
- (c) Life Jackets for each member.
- (d) Minimum 02 kayaks for each expedition for safety/ rescue team.
- (e) First Aid Kit.
- (f) 02 x Oxygen Cylinder.
- (g) Tentage / accommodation, meals and transportation for team to be catered for by the expedition team under own arrangements.

5. **Safety Organisation**

- (a) A qualified team of min 06 Personnel's to accompany each expedition.
- (b) The team will be provided by sponsor Agency/Tour Operator.
- (c) Details of team members and qualification to be forward alongwith the proposal.

