



Adventure Travel Checklist

When packing for an international adventure trip, keep your most important documents with you at all times and your essentials in your carry-on. Remember, you want to go as light as possible, so try to choose items that will do double duty whenever possible.



Travel Documents

- Passport
- Driver's license (*or equivalent*)
- Travel insurance
- Entry visa (*and other paperwork*)
- Scanned copies of above (*stored on phone and shared securely with contacts at home*)
- Photocopy of passport (*carried with you in separate location from the original*)
- Currency valid at destination
- Trip itinerary
- Reservation confirmations (*travel, hotel, car, etc.*)
- International health card with immunizations
- List of key phone numbers (*stored separately from your phone*)
- _____
- _____
- _____
- _____
- _____
- _____



Travel Gear

- Water bottles and/or reservoir
- Water disinfection system or tablets
- Headlamp or flashlight
- Binoculars
- Trekking poles
- Knife or multi-tool (*in checked luggage*)
- Book/reading material
- Field guides; historical guidebooks
- Language phrase book
- Journal or sketchbook with pens/pencils
- Quick-dry travel towel
- Sleep sheet (*or sleeping bag liner*)
- Travel pillow
- _____
- _____
- _____
- _____
- _____
- _____



Packs & Luggage

- Travel pack or duffel
- Daypack or waist pack
- Packing organizers
- Pack raincover
- RFID wallet or money belt
- Dry bag (*for wet clothes*)
- Resealable plastic bags
- Luggage locks (*TSA approved*)
- Luggage tags (*2 per bag*)
- _____
- _____



Personal Items

- Cellphone (*with weatherproof case*)
- Charging cables and plugs
- Headphones
- Electrical adapters/converter
- Portable power
- Camera or action camera
- Camera bags
- Extra batteries
- _____
- _____

